

OXFORD CITY ROYAL REGATTA

Instructions for Competitors - 2019

Key Rules

- No doubling up of competitors or equipment is allowed in each division of the day's racing. Competitors may race once in the morning division and once in the afternoon division. Boats may be raced once in the morning division and once in the afternoon division.
- All crews must pair with their opposition and report together to Race Control prior to boating.
- All crews in finals must present their British Rowing cards to Registration prior to their final. They will be given a boating certificate without which they will not be able to race.

General

- Events are held under British Rowing Rules of Racing. Competitors must present racing licenses at Registration before competing in any final and at any time if requested by an official.
- The Isis is just 2000m long and in places less than 20 m wide. In the interests of safety, and to prevent overcrowding, the Marshals' instructions and Navigation Rules will be strictly adhered to. Crews should attend to the position of other crews and river users, and comply swiftly with the directives of marshals and umpires.
- Competitors and supporters should be courteous to other crews, officials and members of the public. The use of foul language will not be tolerated and could result in disqualification.
- All requests to reschedule races and notifications of withdrawals should be addressed to Race Control.
- Objections should be lodged with the Coordinating Umpire at the Finish.
- Competitors and members of the public are advised not to leave valuable belongings unattended at any time.
- The draw, timetable and results will be posted on the Regatta's web site at <http://oxfordrowingclub.org.uk/draw-and-results/>
- The regatta is declared to be a 'stern on start' and 'bows on finish'.

Parking and Trailers

- All crew boats must be stored in the City Boathouse car park. Single sculls should be stored on the lawn in front of the Riverside Centre, see map for location.
- Trailers should be parked in the City Boathouse car park, and towing vehicles moved to the Sea Scouts' field immediately afterwards. Scullers should park in the Council car park and carry their boats through to the lawn in front of Riverside Centre. Other vehicles may be parked in the Sea Scouts' field. This field is privately owned and a fee of £5 per day will be charged. Limited public parking is also available in the Council Car Park on Meadow Lane.

Oxford University / College Crews

- College crews must embark with their opposition from CORC (or Riverside for single scullers). Their boats must be transported to the regatta site before the first race of the day. Any crew failing to comply will be deemed to have withdrawn.
- Crews are reminded that they are responsible for their own safety whilst moving boats. In previous years college rowers have been observed with rucksacks or even trestles around them while transporting boats to and from the regatta. This presents a real danger in the event of a capsized.

Registration and Boating Instructions

- The Regatta will run to time.
- Participating crews should pick up their racing numbers from Registration at least one hour before they are due to race. All crews must report to Race Control with their opposition, ready to boat, 45 minutes before the time of their race. This includes scullers, though they can leave their boat at Riverside whilst they report. Failure to do so will incur an official warning. Having reported to Race Control, crews must embark in pairs not later than 30 minutes before the time of their race. Any crew that fails to do so will be deemed to have withdrawn. Crews will not be permitted to boat without their opposition.
- Embarking crews should use the upstream half of the landing stages and disembarking crews should use the downstream half. Single sculls should boat from the landing stage in front of the Riverside centre, just upstream of CORC.
- After boating, crews, together with their opposition, must then assemble on the water adjacent to the Pairing Marshal positioned below the gut and opposite the Sea Scouts 20 minutes before the time of their race. From this point boats will be instructed to proceed to the start within the navigation channels. (See navigation rules). If a crew is not able to return to the landing stages between races they should inform the Pairing Marshal so that their opposition can be informed and boat.
- For some of the bigger events the gaps between rounds may not allow competitors to come off the water before their next race. If this is the case they should proceed downstream through the gut and notify the Pairing Marshal opposite the Sea Scouts that they will be staying on the water. They should then carry on downstream before turning and pairing with their new opposition as normal.
- Crews will not be asked to row over if their opposition has withdrawn.
- Coxswains should obtain a weight certificate on registration, and present them to the Boat Marshal when boating.

Navigation

A map of the course showing the circulation pattern is displayed at the bottom of this document and all crews should take note of these instructions.

- Normal navigation rules apply downstream of the Gut (i.e. crews should keep to the right). Crews intending to warm up should turn opposite Riverside Centre immediately after embarking, proceed downstream, turn before Iffley Lock and then proceed directly upstream to the Start. Allow 25 minutes to reach the Start from Iffley Lock.
- On the way to the Start, crews should not proceed through the Gut (i.e. past the Sea Scouts' landing stage, just upstream from Riverside) without their opposition. Crews should wait for their opposition by the Sea Scouts' landing stage and proceed when instructed to do so by the Pairing Marshal. Unpaired crews arriving at the Start will be sent back immediately to report to the Pairing Marshal.
- Proceeding upstream of the Gut, there is a buoyed navigation channel on the left hand side of the river, adjacent to the Course, which must be used by all boats making way upstream as well as pleasure craft that may be making their way upstream or downstream. On passing through the Gut crews must stop and await instructions before crossing the river to enter the navigation channel.
- Unless instructed otherwise or for reasons of safety, crews must not stop within the navigation channel, but must keep moving up to the start area, proceeding on the right hand side of the navigation channel. Normal navigational rules apply within the navigation channel.
- Crews must not row at firm pressure or attempt any practice starts in the navigation channel. Any crews disobeying this instruction risk receiving an official warning or disqualification.
- On crossing the finish, racing crews should wind down before the Gut and be alert to marshals' instructions. Be wary of craft approaching the Gut downstream from the navigation channel as well as craft approaching upstream towards the entrance to the navigation channel.
- Returning crews should continue downstream to the turning point at Haystacks Corner before turning and returning to the club. Be aware that crews may be warming up between Donnington Bridge and Haystacks corner.

Finals

- Competitors reaching a final must deposit their British Rowing cards with registration and collect a boating certificate to be allowed to boat for their final.
- Winners will be presented with their prizes at the rowing club as soon as possible after their final.

Safety

- Boats may be inspected for compliance with the safety directives of British Rowing. In particular, boats must have suitable bow balls, heel restraints must be fitted to all shoes, and all hatches (where fitted) must be sealed.
- Coxswains must wear lifejackets or buoyancy aids. First aid and river rescue is provided by launches covering the course and lower river area. In the event of an accident requiring assistance attract the attention of a marshal or an umpire who will be in radio contact with the rescue boat.
- A First Aid station with qualified staff will be situated at the City Boathouse.
- Competitors who suffer from asthma and carry a prescribed inhaler should take their inhaler with them when racing.
- Coaches and / or parents responsible for junior rowers should specifically review safety requirements with the rowers in their care.
- First Aid boxes are provided at the CORC Bar, on the stairs to the boat bay, and on board Safety Boats.
- Lifebuoys and throw lines are located at the clubhouse and in safety boats.
- Safety Boats are moored at Christ Church Boathouse (S2 on the map) and Donnington Bridge (S1)

Requesting assistance

- There is an emergency phone at CORC bar.
- All Marshals and Umpires have two-way radios.
- Ask to use any available mobile telephone if the emergency services have to be called.
- The nearest fixed telephone is located in the Club bar, but do not hesitate to ask bystanders for a mobile phone in the event of an emergency. The following numbers may be useful:
 - Dial 999 on mobile phones for emergency services.
 - Local Police 01865 266000
 - John Radcliffe Casualty Department 01865 741166
 - General Emergency 999

Use the course map to specify a river location. The rowing club's address is City Boathouse, Meadow Lane, Donnington Bridge Road, Oxford OX4 4BL. Telephone 01865 242576.

Oxford City Royal Regatta and Sprint

